


**Upcoming Events & Trainings**

**August 29, 2019**

- **August 22** – Regrounding our Response, Regional Opioid Forum
- **August 31** – International Overdose Awareness Day
- **September** – MDSPIN Network Newsletter
- **September** – Suicide Prevention Month Event Calendar (MDSPIN)
- **September** – February 2020 – Maryland Suicide Prevention & Early Intervention Network (MDSPIN) Suicide Prevention Training Calendar
- **September 5-6** – Recognizing & Responding to Suicide Risk: Essential Skills for Clinicians
- **September 6** – Voices for Recovery: Together We Are Stronger
- **September 13** – Grassroots Crisis Intervention 10<sup>th</sup> Annual Suicide Prevention Symposium
- **September 17** – November 20 – NAADAC, *Trainings & Events*
- **September 18 – October 23** – Chronic Pain Self-Management
- **September 19** – MBIA's Workforce Development Series: Substance Abuse on the Job Site
- **September 21** – Howard County Recovery Walk & Resource Fair
- **September 23-27** – Youth Mental Health First Aid (YMHFA) Instructor Training Course
- **September 26** – ASAM Criteria Training Offerings
- **September 27** – Mental Health First Aid (MHFA) Training
- **September 27** – Expungement Clinic: Erase Your Criminal Records
- **September 27** – Sibus Treatment Services Open House
- **September 28** – AFSP Howard County Out of the Darkness Walk
- **October 2** – MD 31<sup>st</sup> Annual Suicide Prevention Conference, "Stronger Together: Building Linkages to Life"
- **October 4** – AFSP *Talk Saves Lives* training
- **October 8** – Half & Half MAT Waiver Training for Buprenorphine Medication-Assisted Treatment
- **October 11, 2019 – April 3, 2020** – Infant & Early Childhood Mental Health Certificate Program
- **October 17** – NAMI Awards Dinner
- **October 18** – Youth Mental Health First Aid (YMHFA) Training
- **October 18-19** – NAMI Annual Conference

Ongoing:

- NAMI Homefront, *Online*



# REGROUNDING OUR RESPONSE

REGIONAL OPIOID FORUM  
THURSDAY, AUGUST 22

The Regrounding Our Response forum will bring together professionals in public health, community-based organizations, mental and behavioral health service providers, faith-based communities and public safety to discuss overdose prevention and systems of care for people with substance use disorder (SUD) in the Southern Maryland region.

## HIGHLIGHTS



### DATE/TIME

**Thursday, August 22**  
**9:00 a.m. – 5:00 p.m.**



### LOCATION

**Holiday Inn**  
**155 Holiday Dr.**  
**Solomons, MD 20688**

Hotel rooms may be reserved by calling the Holiday Inn at 410-326-6311. Rates are \$94 per night + tax. Let them know you are with the summit to get the discounted rate. Rooms are available on first-come, first-served basis.

**Morning refreshments and lunch will be served.**

**Contact Leslie Evans at 410-767-4541 or email [Leslie.Evans@maryland.gov](mailto:Leslie.Evans@maryland.gov) for details.**

## HIGHLIGHTS

- Discuss how to integrate trauma-informed care into regional programs and policies
- Learn about public safety partnerships
- Address topics on harm reduction practices unique to Southern Maryland
- Revisit public health concepts critical to reducing stigma
- Meet and problem-solve with regional and national experts

**There is no cost to attend but space is limited, so register early!**

**[CLICK HERE TO REGISTER](#)**



31 AUGUST 2019

INTERNATIONAL  
OVERDOSE  
AWARENESS DAY



International Overdose  
Awareness Day  
BY OVERDOSE AND COMMUNITY

TIME TO  
REMEMBER.  
TIME TO ACT.



Please join us

**4<sup>th</sup> ANNUAL INTERNATIONAL OVERDOSE AWARENESS DAY  
CANDLE LIGHT VIGIL & RECOVERY CELEBRATION**

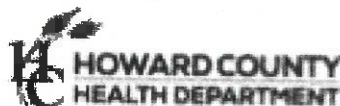
**SATURDAY, AUGUST 31, 2019 — 5:30 - 8:00 PM**

Resources, Naloxone training, Overdose Response  
Demonstration, Program of Celebration

St. John's Episcopal Church  
9120 Frederick Rd. Ellicott City, MD 21042

Contact: [info@jamesplaceinc.org](mailto:info@jamesplaceinc.org)  
[ioad-hoco.eventbrite.com](http://ioad-hoco.eventbrite.com)

To honor those lost to substance use disorder, please bring a 4 x 6 in. photo.







# Maryland Suicide Prevention and Early Intervention Network Newsletter

WITH HELP COMES HOPE

## September is National Suicide Prevention Awareness Month

Since 2008, people around the country have observed September as National Suicide Prevention Awareness Month, raising awareness about suicide and to providing education, support, advocacy and resources to those in need.

The Centers for Disease Control and Prevention (CDC) reports that over 47,000 people died by suicide in 2017. Suicide rates continue to rise nationally, with many contributing factors.

You can make a difference. Below are a few ideas about how you can observe National Suicide Prevention Awareness Month.

- Share your story on social media, at an event or with your community.
- Honor a loved one lost to suicide by adding a square to the American Foundation for Suicide Prevention's digital memory [quilt](#)

- Ask your local government to proclaim September as Suicide Prevention Awareness Month
- Share information about suicide warning signs, resources and facts with others
- Participate in or organize a [walk](#), or other commemorative event
- Request suicide prevention trainings to be offered in your community
- Hold a poster contest in your school for students to submit original suicide prevention artwork that can be displayed within your school or community

You don't have to go through a crisis alone. If you or someone you know is struggling with suicidal thoughts, contact Maryland's helpline by calling 211 and press 1 or text 898-211.



**MARYLAND**  
Department of Health  
Maryland's Commitment to Veterans

Maryland's Commitment to Veterans (MCV) is a program devoted to total wellness for veterans and their families.

MCV provides training to the community about veteran-specific topics to improve awareness of available behavioral health resources. Regional resource coordinators provide assistance to veterans and their families to support a healthy transition to civilian life.

To connect to a regional resource coordinator, call the MCV referral line at **877-770-4801**.

**211**  
**Maryland**

**Get connected. Get help.**  
**Call 211, press 1**

# The National Weekend of Prayer

September 6-8 is the third annual National Weekend of Prayer launched by the Faith, Hope and Life Campaign, part of the National Action Alliance for Suicide Prevention (Action Alliance). The National Weekend of Prayer invites members of all faith communities across the United States to pray for individuals affected by suicide.



Picture courtesy of [Canva](#).

Immediately preceding September 10, World Suicide Prevention Day, the National Weekend of Prayer connects themes of faith, hope, reasons for living and community. While congregations are encouraged to give sermons about suicide prevention, organize community events, create posters or conduct other suicide prevention activities, any congregation can participate simply by praying.

However congregations choose to participate, the Action Alliance provides three easy steps for faith leaders to prepare for the weekend:

1. Communicate to your members about the event.

2. Consider how you may include the weekend into your existing services.

3. Educate your members about ways to support individuals who've experienced a suicide loss and individuals who are struggling with suicidal thoughts.

The Action Alliance created a prayer guide, promotional tools, competency guide for leaders and other [resources](#) to assist congregations in supporting the weekend. To participate in the National Weekend of Prayer, begin by taking the [pledge](#) and [promoting](#) your event.

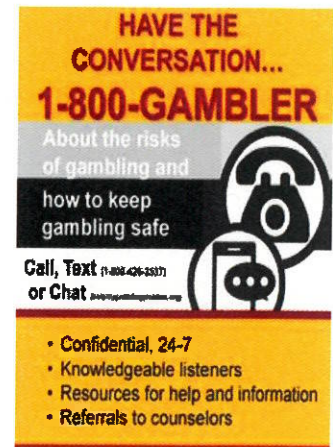
## Resource Spotlight: 1-800-GAMBLER

Did you know:

- Over 150,000 adults in Maryland have a gambling problem
- Nearly 50 percent of people struggling with gambling disorder have thoughts of suicide
- People struggling with problem gambling are more than twice as likely than the general population to attempt suicide

If you or someone you know needs help with a gambling problem, help is available. 1-800-GAMBLER (1-800-426-2537) is a free and confidential 24-hour helpline. Gamblers in need can call, text or [live chat](#) the hotline. Callers will speak to knowledgeable listeners who can provide information on support services, including:

- No cost, confidential [counseling](#) accessible to all Maryland residents seeking help regardless of insurance coverage, financial status or ability to pay
- [Peer recovery support](#) support offered by the University of Maryland Center of Excellence on Problem Gambling that connects individuals with resources in their communities
- No cost [family peer support](#), offered by the Maryland Coalition of Families. A Family Peer Support Specialist is a spouse, sibling, parent or other loved one of someone with gambling issues and has been trained to help other families



For more information on gambling resources, please visit the Maryland Behavioral Health Administration's [website](#). For problem gambling research and evaluation, visit [MDProblemGambling.com](#).

For service provider reimbursement questions, email [marylandproviderrelations@beaconhealthoptions.com](mailto:marylandproviderrelations@beaconhealthoptions.com).



## TRAINING SNAPSHOT

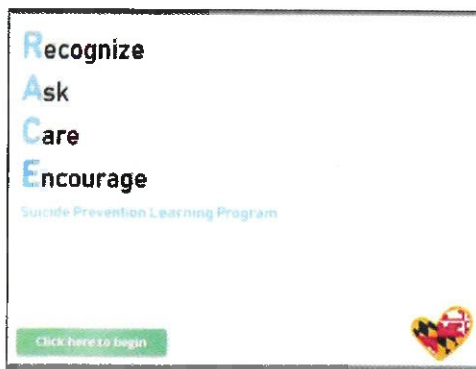
### Meet Our Newest ASIST-Trained Caregivers!

17 people were trained in Applied Suicide Intervention Skills Training (ASIST) in June. Below are our newest ASIST-trained caregivers that are helping to make Maryland suicide-safer.



### Suicide Prevention Training: Recognize, Ask, Care, Encourage

Our new online training module, [Suicide Prevention Training: Recognize, Ask, Care, Encourage](#), went live on June 6. So far, 153 people have used the course to learn basic suicide intervention skills.



## FAST FACTS

38%

Lesbians and gay men who identified religion as important to them are [38% more likely](#) to have had recent suicidal ideation than those who reported religion as not important.

## FOR MORE INFORMATION

[The Role of Faith Community Leaders in Preventing Suicide](#)

# Updates from the Field

## Striking a Balance: A Comprehensive Approach to Suicide Data

Current suicide data collection methods can take a year or more for data to become available. Having access to near real-time data can assist communities in responding to crises and preventing future suicides. [Read more.](#)

## Post-Traumatic Growth in Adults Bereaved by Suicide

A new [study](#) researched positive psychological change following trauma in adult suicide loss survivors. The study concluded that problem-focused coping, reaching out to support systems and self-care strategies predicted post-traumatic growth.

## National Survey on LGBTQ Youth Mental Health

The Trevor Project released a new study of over 34,000 young people that identify as lesbian, gay, bisexual, transgender, queer and questioning. The survey asked respondents about their experiences with mental health and suicide. [Read the full report.](#)

## How Social Networks May Increase Risk after Exposure to Suicide

Researchers in a new [study](#) performed a case study of the cultural beliefs about suicide in one town. Researchers concluded that the town's residents created a "youth under pressure" narrative to explain the high suicide rate in the town.

## Suicide Rate for Native American Women is Up 139 Percent

A new federal [report](#) was released highlighting the increased suicide rates between 1999 and 2017 for almost all races and ethnicities. The largest increase was among Native American women, and experts believe trauma, poverty and restricted access to mental health care have contributed to this spike.

## New Publication: Guidance to States and School Systems on Addressing Mental Health and Substance Use Issues in Schools

The Substance Abuse and Mental Health Services Administration released a new guide of best practices for schools to implement mental health and substance abuse treatment services in schools. [Read more.](#)

## Call for Proposals for MD-SPIN's Lunch and Learn Series

MD-SPIN is seeking proposals for its popular Lunch and Learn series. Lunch and Learns are held monthly and presentations focus on various topics relating to suicide. [Submit your proposal.](#)

## The National Action Alliance for Suicide Prevention Responds to New Reports

The National Action Alliance for Suicide Prevention released a [statement](#) in response to two new studies that concluded that the suicide rates of certain demographics are the highest they've been in two decades.

## Call for Input on the Use of Telehealth in Emergency Department Settings to Reduce Suicide

The National Institute of Mental Health is seeking input from clinicians who have experience using telehealth in emergency department settings to reduce suicidal ideation and behaviors. [Responses](#) are due August 30.

## Suicide Prevention Coalitions Guide

The California Mental Health Services Authority released a [guide](#) detailing a four-step approach to creating effectual suicide prevention coalitions in other communities.

## Events

### August

August 15	<b>There is Life After an Attempt</b>	<a href="#">Register</a>
August 19	<b>Question Persuade Refer (QPR) Suicide Prevention Gatekeeper Training</b>	<a href="#">Register</a>
August 21	<b>Mental Health First Aid for Veterans</b>	<a href="#">Register</a>
August 21	<b>Webinar : Human Performance Optimization – A Paradigm Shift to Improve Mental Health Care of Service Members</b>	<a href="#">Register</a>
August 22	<b>First Responders Understanding Veterans : Mental Health and Suicide Prevention</b>	<a href="#">Register</a>
August 26	<b>Adult Mental Health First Aid Certification Class</b>	<a href="#">Register</a>
August 23-31	<b>The Way Out</b>	<a href="#">More information</a>

### September

September 7	<b>Carroll County Out of the Darkness Community Walk</b>	<a href="#">Register</a>
September 10	<b>Youth Mental Health First Aid</b>	<a href="#">Register</a>
September 10-11	<b>Webinar : Cognitive Behavioral Therapy for Suicide Prevention</b>	<a href="#">Register</a>
September 14	<b>Hagerstown Out of the Darkness Community Walk</b>	<a href="#">Register</a>
September 15	<b>Run for EveryMind 5K Run and 3K Walk</b>	<a href="#">Register</a>
September 18	<b>Governor's Commission on Suicide Prevention Meeting</b>	<a href="#">More information</a>
September 19	<b>Early Identification and Treatment of Mental Illness with Psychosis</b>	<a href="#">Register</a>
September 19	<b>Suicide Prevention Education for Professionals and The Kevin Hines Story</b>	<a href="#">Register</a>
September 21	<b>Annapolis Out of the Darkness Community Walk</b>	<a href="#">Register</a>
September 21	<b>Howard County Recovery Walk</b>	<a href="#">Register</a>
September 21	<b>Ocean City Out of the Darkness Community Walk</b>	<a href="#">Register</a>
September 22	<b>Montgomery County Out of the Darkness Community Walk</b>	<a href="#">Register</a>
September 25-26	<b>Webinar: Online Prolonged Exposure Training</b>	<a href="#">Register</a>
September 28	<b>Howard County Out of the Darkness Community Walk</b>	<a href="#">Register</a>
September 28	<b>Mid-Shore Out of the Darkness Community Walk</b>	<a href="#">Register</a>



## SUICIDE PREVENTION MONTH EVENT CALENDAR September 2019

### WEEK 1

- 4—[Wear Yellow to Work for Suicide Prevention Month!](#)
- 5—[Intimate Partner Violence and Suicide](#)
- 6-8—[National Weekend of Prayer for Faith, Hope, & Life](#)
- 6—[Mental Health First Aid Training](#)
- 7—[Carroll County Out of the Darkness Walk](#)
- 7—[Managing my Grief Workshop](#)

### WEEK 2

**WORLD  
SUICIDE  
PREVENTION  
DAY** ● ● ●

10th September

- 10-11—[2-Day Cognitive Behavioral Therapy for Suicide Prevention Workshop](#)
- 11—[Stress Management Workshop](#)
- 12—[CDP Presents: Guns and Suicide: What do we know and what can we do?](#)
- 12—[Surviving the Unthinkable: Homicide Bereavement](#)
- 13—[10th Annual Suicide Prevention Symposium](#)
- 14—[Hagerstown Out of the Darkness Walk](#)

### WEEK 3

- 15—[Intro to Mindfulness Based Stress Reduction](#)
- 17—[safeTALK Training: Westminster](#)
- 18—[Cultivating Self Compassion](#)
- 19—[NAMI Metro Baltimore 2019 Annual Meeting](#)
- 19—[Early Identification and Treatment of Mental Illness with Psychosis](#)
- 20—[CE Seminars on Suicide](#)
- 20—[Severe Irritability in Youth](#)
- 21—[Ocean City Out of the Darkness Walk](#)
- 21—[Annapolis Out of the Darkness Walk](#)



### WEEK 4

- 22—[Montgomery County Out of the Darkness Walk](#)
- 24—[Take an online suicide prevention training module](#)
- 26-27—[Supporting Grieving and Traumatized Teens](#)
- 28—[Howard County Out of the Darkness Walk](#)
- 28—[Mid-Shore Maryland Out of the Darkness Walk](#)



# FALL & WINTER SUICIDE PREVENTION Training Calendar

Registration for training events will open two months prior to the event. For more information and registration, visit [mdspin.eventbrite.com](https://mdspin.eventbrite.com).

## SEPTEMBER

19 - Early Identification and Treatment of Mental Illness with Psychosis

## OCTOBER

2 - Annual Suicide Prevention Conference

10 - Art-Based Techniques as a Clinical Intervention for Suicidal Clients

17 - Distinguishing Suicidal Ideation from Intrusive Self-Harm OCD

24 - safeTALK

## NOVEMBER

14-15 - Applied Suicide Intervention Skills Training (ASIST)

21 - Traumatic Brain Injury and Suicide Risk

## DECEMBER

19 - Our Duty to Protect: Suicide Prevention for Mental Health Clinicians

## JANUARY

16 - Burn Out and the Built Environment

23 - Art-Based Techniques as a Clinical Intervention for Suicidal Clients

29 - safeTALK

## FEBRUARY

20 - To Be Decided

27-28 - Applied Suicide Intervention Skills Training (ASIST)

## CONTINUING EDUCATION

Majority of our training events will offer CEUs for social workers, counselors, and psychologists. The events that offer CEUs will be clearly identified in the event descriptions along with the number of CEUs being offered.

**Event Links -** <https://www.eventbrite.com/o/marylands-suicide-prevention-and-early-intervention-network-17075762441>

# 5 Reasons You Need to Know More About Suicide



1. Professional training programs rarely teach the skills necessary to adequately recognize and treat clients at risk for suicide.
2. There is no evidence that no-suicide contracts actually work. In fact, there is quite a bit of evidence that they do not work.
3. 90% of suicide deaths linked to an untreated or under-treated mental health condition.
4. Depression is not the only indicator for suicidality.
5. Approximately 1 in 5 psychotherapists loses a patient to suicide during the course of their career.

**Attend Recognizing and Responding to Suicide Risk: Essential Skills for Clinicians** to gain knowledge and skills to combat suicide.

Thursday & Friday, September 5 & 6, 2019  
9:00 a.m. - 4:30 p.m.  
Baltimore; \$275; 12 CEUs

Registration link - <https://sswcpe.umaryland.edu/wconnect/CourseStatus.awp?&course=F19-AAS>





JOIN THE VOICES FOR RECOVERY:  
**TOGETHER WE ARE STRONGER**

recoverymonth.gov



**Join the Voices for Recovery: Together We Are Stronger**  
**The Maryland Department of Health, Behavioral Health Administration**  
**celebrates SAMHSA's Annual Recovery Month**

**September 6, 2019**  
**9:00 a.m. – 3:30 p.m.**

**Rice Auditorium, Spring Grove Hospital Center**  
**Catonsville, MD 21228**

**Please wear comfortable clothing as we will be doing yoga in the morning.**  
**Feel free to bring a yoga mat if you have one.**

**For the networking workshop to be successful, please bring the following:**  
**1. Your Business cards**  
**2. One "Hidden Resource Gem" from EACH of these categories:**

- |                            |   |
|----------------------------|---|
| <b>1. Housing</b>          | <b>4. Daily Living (Food, Clothing, etc.)</b> |
| <b>2. Physical Health</b>  | <b>5. Connecting to the Recovery</b>          |
| <b>3. Emotional Health</b> | <b>Community</b>                              |

Registration Link- <https://recoverymonthkickoffevent2019.eventbrite.com>



**MARYLAND**  
**Department of Health**



**PRESENTS**

# **10<sup>TH</sup> Annual Suicide Prevention Symposium**

**Friday, September 13, 2019**

**10:30 AM- 4:00 PM**

**Topics include: how to best prevent suicide when you're a professional AND a loved one of someone who struggles, Non Suicidal Self Injury, survivor of suicide/attempt survivor panel discussion AND much more!**

**Where:** Non Profit Collaborative of Howard County

9770 Patuxent Woods Dr. Columbia MD

**Cost:** \$30; includes 4 Social Worker CEUs & lunch

**Register:** [www.grassrootcrisis.org/events/](http://www.grassrootcrisis.org/events/)

**For questions email [Amanda@grassrootscrisis.org](mailto:Amanda@grassrootscrisis.org)**



## *Additional Credits Approved!*

The following programs have been approved for **NAADAC credits**. Please review individual event pages for full continuing education statements and all credit offerings.

### **Wednesday, October 9, 2019 (Belcamp, MD)**

**6.0 Credit Hours** — **6th Annual Addictions Conference** - *Multiple Speakers*

### **Tuesday, October 29 (Cambridge, MD)**

**5.5 Credit Hours**—**Vicarious Trauma & Workplace Resiliency** - *Letha Moszer, MSW, LCSW-C*

### **Wednesday, November 20 (Perry Point, MD)**

**3.0 Credit Hours** — **Ethical Boundary Management in Clinical Practice**- *Dr. Michael Heitt*

### **Fall 2019 Clinical Programs**

#### **Tuesday, September 17 (Belcamp, MD)**

**5.5 Credit Hours**—**Intimacy Matters: Blueprint for How to Address Intimacy Issues**- *Dr. Laura Louis*

#### **Thursday, October 17 (Martinsburg, WV)**

**5.5 Credit Hours** — **Implementing Evidence-Based PTSD Practice: Practical Tips to Optimize Clinical Outcomes** - *Dr. Erin Romero & Peter Allman, LCSW-C*

#### **Tuesday, October 29 (Cambridge, MD)**

**5.5 Credit Hours** — **Vicarious Trauma and Workplace Resiliency** - *Letha Moszer, MSW, LCSW-C*

#### **Wednesday, November 20 (Perry Point, MD)**

**3.0 Credit Hours** — **Ethical Boundary Management in Clinical Practice** - *Dr. Michael Heitt*

<http://www.chepinc.org/education/clinical-programs/>

*Don't forget to register for the 6th Annual Addictions Conference!*

**Wednesday, October 9, 2019**- Water's Edge Events Center, Belcamp, MD

**State of the County by Harford County Office of Drug Control Policy**

**Dr. Kristine Hitchens** – Understanding Co-Occurring Disorders

**James Ryan, LCPC** – Experiential Interventions in Substance Use Disorder Treatment: Engaging Emerging Adults and Their Families

**Dr. Brett Davis** – Addressing the Treatment Needs and Disparities for LGBTQ+ Clients Seeking Substance Abuse Disorders: A Complex Problem with No Easy Solutions

**Dr. Gregory Neimeyer** - Technology-Based Behavioral Addictions

<http://www.chepinc.org/education/annual-addictions-conference/>



For more  
information or to  
register contact:

Lynn Glaeser  
Director of Resident  
Life at Millers Grant  
(410) 696-6713  
lglaeser@millersgrant.org

Heidi Weiss-Beedie  
(410) 313-5711  
hweissbeedie@  
howardcountymd.gov

In partnership with:



**LivingWell**  
Chronic Pain  
Self-Management



## Rediscover the Joy of Living Today!

Join us for a series of six fun, interactive, and free **Chronic Pain Self-Management** workshops. Explore new ways to manage your symptoms, set your own goals, make a step-by-step plan to improve your health and take charge of your life!

Topics include:

- Communicating with doctors and family
- How to evaluate new treatments and medications
- Mind-body connections
- Benefits of physical activity and healthy eating

**When:** Wednesdays, 11:30am-2:00pm  
September 18 – October 23, 2019

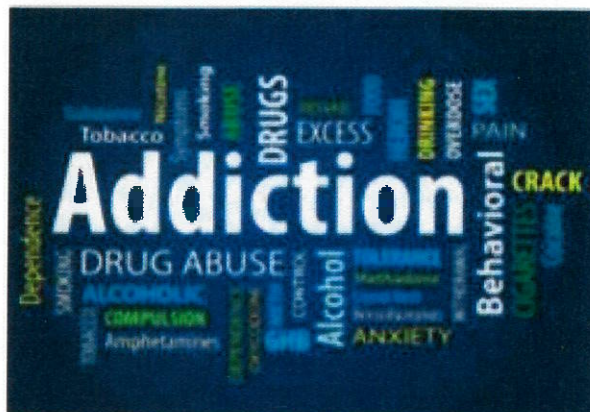
**Where:** Main Street Multipurpose Room  
Lutheran Village at Miller's Grant  
9000 Fathers Legacy  
Ellicott City, MD 21042





## ***MBIA's Workforce Development Series Substance Abuse on the Job Site***

Opioid addiction is our nation's leading public health crisis, and it affects people across all socioeconomic classes, races, genders and jobs. The home building industry is no exception. Join MBIA and a panel of experts in the field for a discussion about how substance abuse is impacting our industry and how businesses can be a part of the solution.



**Thursday, September 19  
8:00am-11:30am**

Kahler Hall  
5440 Old Tucker Row  
Columbia, MD 21044

**\$20 per person**

**Naloxone (Narcan) training onsite!**

### **Guest Speakers**

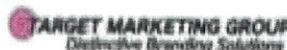
Moderator, **Barbara Allen**, Executive director, James' Place Inc.

**Theresa Collins**, Howard County Police Department

**Dr. Steven Fisher**, Chesapeake Employers' Insurance Company

**Richard Landis, M.S.W.**, Technical Assistance Center at Advocates for Human Potential

**Larry Gamble**, Clinical Director, Second Chance Addiction Care



Sponsorships available for \$150 with two tickets and \$300 with four tickets. Sign up at [marylandbuilders.org](http://marylandbuilders.org).

Make checks payable to MBIA and mail to MBIA, 11825 W. Market Place, Fulton, MD 20759 OR register online at [www.marylandbuilders.org](http://www.marylandbuilders.org). For questions email [ajenkins@marylandbuilders.org](mailto:ajenkins@marylandbuilders.org) or call 301-776-6214.

Contact Name \_\_\_\_\_

Company Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ cell phone \_\_\_\_\_ email \_\_\_\_\_

(Circle One: Visa Master Card AMEX Check)

\$Total \_\_\_\_\_

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_ exp. \_\_\_\_\_

MBIA  
11825 W. Market Place  
Fulton, MD 20759  
301-776-4484  
[marylandbuilders.org](http://marylandbuilders.org)



# Howard County Recovery Walk

Join us to support those in the journey of recovery.

**Saturday, September 21, 2019**

**10:00am—1:00pm**

Ellicott City Assembly of God

10600 Frederick Rd

Ellicott City, MD 21042

Live music, resources and food (while supplies last).

Sign up on Eventbrite: <https://bit.ly/2uD3kHt>







## ***1<sup>st</sup> Annual Recovery Walk***

***"Walk the Walk"***

**September 21, 2019**

**Time: 10:00 a.m. - 1:00 p.m.**

**Ellicott City Assembly of God**

**10600 Frederick Rd**

**Ellicott City, MD 21042**

**Contact: Carol Boyer: 443-355-6062**

**[cboyer@delphihealthgroup.com](mailto:cboyer@delphihealthgroup.com)**

## **Exhibitor Form**

Name (print): \_\_\_\_\_ Phone: \_\_\_\_\_

Company Name (print): \_\_\_\_\_

Company Address (print): \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Web Page: \_\_\_\_\_

**Setup:** Vendors are requested to arrive for set up by 8:00am and be complete by 9:15am.

**Vehicles:** Vehicles must be unloaded and moved to a parking lot by 8:15AM.

**Restrictions:** No tobacco, alcohol, pets, or exotic animals permitted on school property.

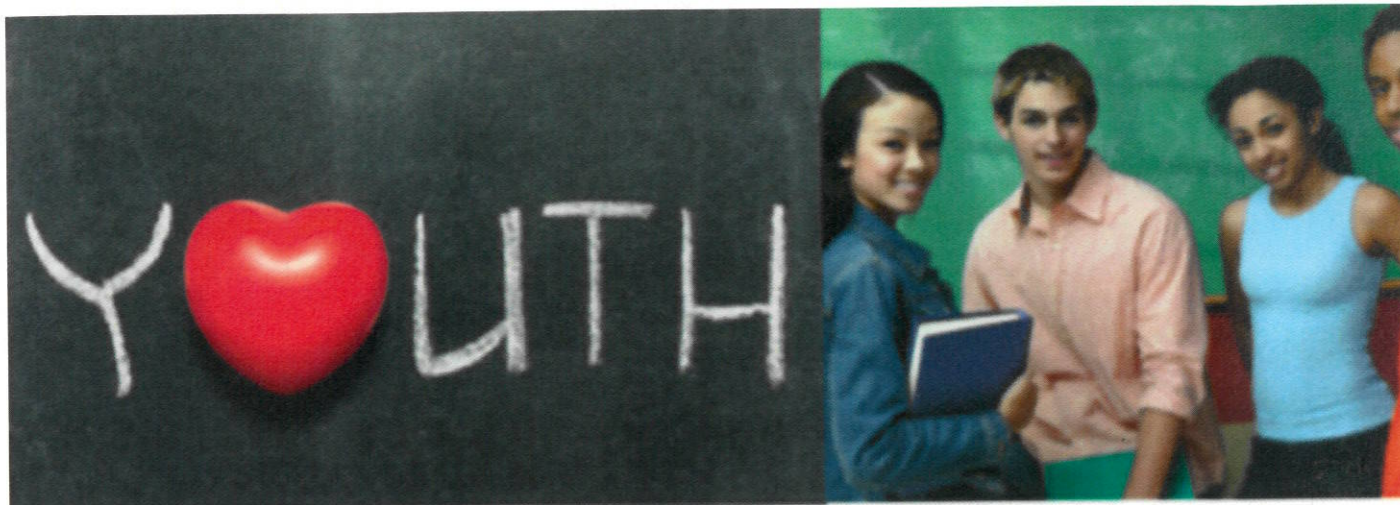
### **PLEASE SIGN AND DATE AFTER READING THE FOLLOWING:**

I will not hold Howard County, Ellicott City Assembly of God, or anyone associated with this event responsible for personal injury, damage, or theft to my property. I will not be a part in any legal action against said parties for any reason rising out of this event. The Howard County Health Department reserves the right to deny access to anyone who presents any articles for sale deemed by Howard County Recovery Oriented Systems of Care to be detrimental to the general safety, security, and moral welfare to the public and the community.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

The above signature does hereby state that signee understands and agrees to these conditions.





# MENTAL HEALTH FIRST AID YOUTH INSTRUCTOR TRAINING COURSE

**For Adults Assisting Young People and Families**

Earn your certification to teach the *Mental Health First Aid Youth* 8-hour class. Become an instructor and put yourself in position to start a new career, educate, help others and *make a difference!* This 5-day training course provides in-depth instruction and certifies adults to teach mental health first aid to all adults that come into contact with youths. (Great for teachers, parents, caregivers, schools and school organizations including military and veteran families.)

**September 23-27 2019**  
**8:30am - 5pm Monday - Friday**

**LOCATION:**

Mental Health Association of Maryland  
1501 York Road, Lutherville, MD 20953

**FULL SCHOLARSHIPS AVAILABLE for all trainees**  
**(\$1500 value)**

- Spaces are limited
- Must be able to attend all days/times

**To Apply:**

- 1) Fill out the MHFA Instructor Application  
<https://www.vaway.org/copy-of-mhfa-youth-instructor-train>
  - 2) Email your completed application to [johnway@thevaway.us](mailto:johnway@thevaway.us)
- Questions? Email John Way or call (410) 961-6204



Application Link: <https://www.vaway.org/copy-of-mhfa-youth-instructor-train>



# Live Online Courses Available



## The ASAM Criteria Training Offerings

(click each training for details)

**Sept. 26th:** One-hour Webinar on the ASAM Criteria "Myths and Realities"

**Oct. 25th:** One-hour Webinar on the ASAM Criteria Dimensions 4 and 5

**Nov. 7th:** One-hour Webinar on the ASAM Criteria, The other 66.6% - Continued Stay, Transfer and Discharge Criteria

We can customize  
curricula to suit your needs.

**“**  
*I feel prepared, energized  
and ready to get started.  
Can't wait to get the rest  
of my team through this  
training!*

*Participant Response*



### Scott Boyles, MINT Member Senior National Training Director

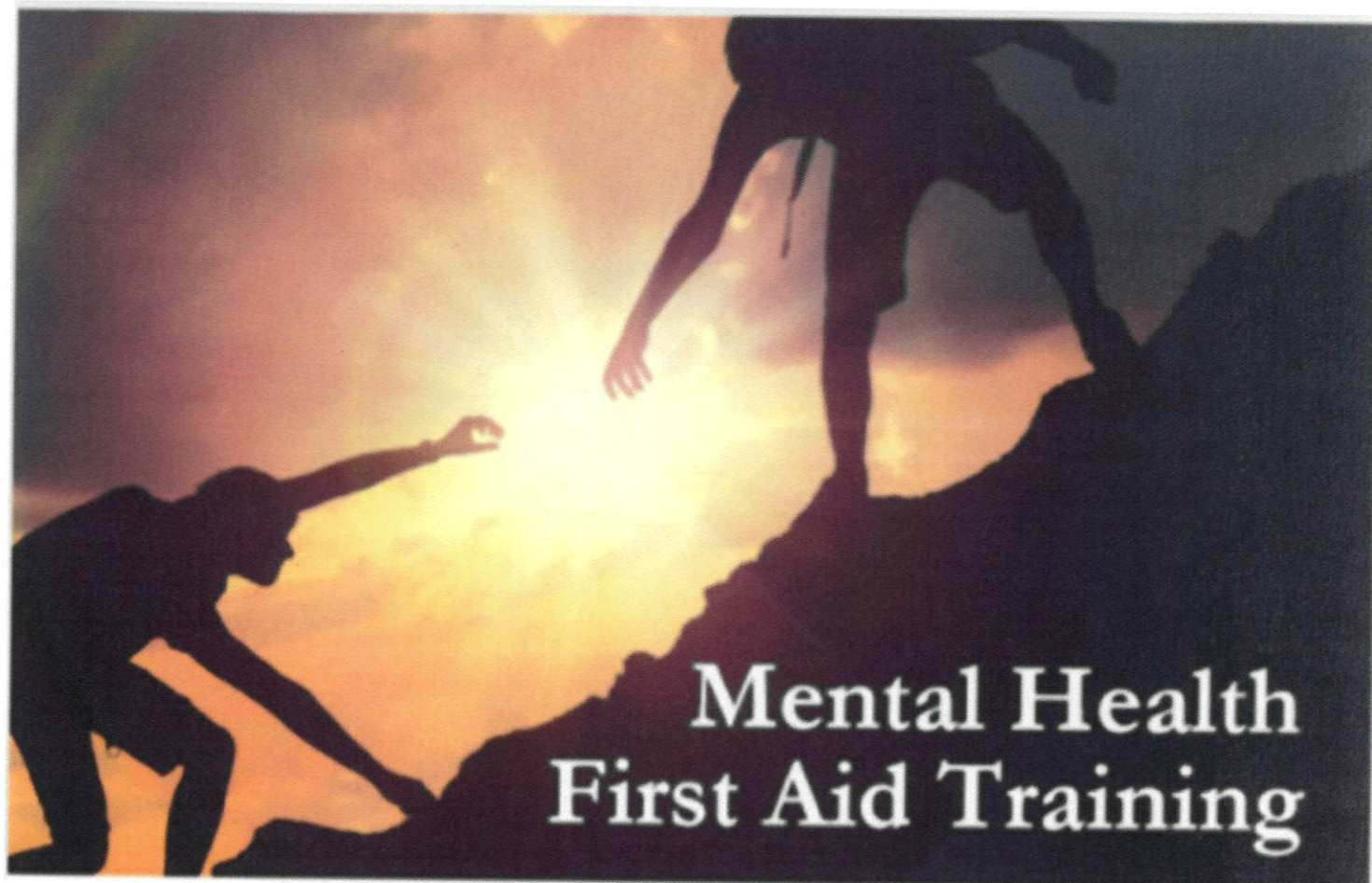
Scott has over 30 years of behavioral healthcare experience  
and has trained over 8,000 clinicians

Earn 1 NAADAC CEH per course

**(775) 283-0670**

**[www.trainforchange.net](http://www.trainforchange.net)**

**Register for your Train for Change® training today.**



# Mental Health First Aid Training

**Friday, Sept 27 or Nov 15 | 8:30 a.m-5 p.m.  
HCGH IC Conference Room | FREE**

Sometimes, first aid isn't a bandage or CPR. Sometimes, first aid is **you**.

A person you know could be experiencing a mental health or substance use problem. Learn how to take action to help a friend, family member, coworker or neighbor in need.

You are more likely to encounter someone in an emotional or mental crisis than someone having a heart attack. Get trained in Mental Health First Aid; you just might save a life.

**Register today!**



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Register today at [hcgh.org/events](http://hcgh.org/events) | 410-720-7601





**MARYLAND  
LEGAL AID**

*Advancing*  
**Human Rights and  
Justice for All**



Maryland Legal Aid will help attendees with their Maryland criminal record expungements.

**Date:**

Friday, September 27, 2019

**Time:**

11:00 a.m. – 5:00 p.m.

**Location:**

Howard County Library, Elkridge Branch  
Hockley Meeting Room  
6540 Washington Blvd.  
Elkridge, MD 21075

**FREE TO ATTEND. REGISTRATION REQUIRED.**

**To register, call 301-560-2132.**

**Please bring all relevant documents with you.**



# **Sibus Treatment Services**

## **Open House**

Come meet our staff, tour our facility, and learn about our program as you enjoy refreshments, which will be provided.

**When:**

Friday, September 27<sup>th</sup>, 2019

11:00 am – 3:00 pm

**Where:**

6170 Hunt Club Rd

Elkridge, MD 21075



# Walk to Fight Suicide



**Howard County Out of the Darkness Walk**

**Sept. 28, 2019 from 10 am to 1 pm**

**Lake Elkhorn, Columbia**

**Register at [afsp.org/howardco](https://afsp.org/howardco)**



**American  
Foundation  
for Suicide  
Prevention**





## **Maryland's 31st Annual Suicide Prevention Conference**

**"Stronger Together: Building Linkages to Life"**

**Wednesday, October 2, 2019**

**Martin's West, 6817 Dogwood Road**

**Baltimore, Maryland 21244**

**8:00 am - 4:30 pm**

**(Registration 8:00-9:00 am; Program begins at 9:00 am)**

**Conference Fee: \$95.00**

**\$55 student fee (limited space available; must bring current student ID)**

**Keynote Speaker - Lynn Davis**

**"Adverse Childhood Experiences: Understanding Impacts to Strengthen Support"**



Lynn Davis is the Coordinator of Mental Health Services for Frederick County Public Schools, a position created through the Maryland Safe to Learn Act of 2018. Formerly the Director of the Child Advocacy Center of Frederick County, Ms. Davis has also served as an adjunct professor with Mount St. Mary's University and is past president of the Maryland Children's Alliance. Working with children, families, and schools since 1994, she has developed and supervised initiatives in the areas of child maltreatment, school violence, Native American education, and adult mental health. With a Master of Science degree in mental health counseling, Ms. Davis also maintains a clinical presence in Frederick, offering neurofeedback training and trauma-competent counseling. She strives to increase stakeholder understanding of the biological impact of trauma on the developing brain, how it affects physical and behavioral health throughout life, and what can be done to protect a child's potential, and promote healing following exposure to traumatic stress.



**Registration now open! Register early; we anticipate a full house!**

**[View Agenda & Workshops](http://trainingcenter.umaryland.edu/Pages/Suicide-Prevention.aspx#session1)** - <http://trainingcenter.umaryland.edu/Pages/Suicide-Prevention.aspx#session1>

**[Click Here To Register](http://trainingcenter.umaryland.edu/Pages/register.aspx)** - <http://trainingcenter.umaryland.edu/Pages/register.aspx>

**Cancellation Policy:**

Payment is expected unless written notice (e-mail) of cancellation is received by September 25th. Registrants who are no-shows will not receive a refund. Refund using Credit Card payments will be minus a fee of \$4.75; refund will be issued by check.

There is NO refund if you do not attend the conference

There is NO fee transfer from one conference to another conference

**Payment Options:**

**Credit Card:** Payment by credit card will only be accepted online!

**Check:** Please make check payable to ***Behavioral Health System Baltimore*** and mail to Monay Walton, University of Maryland Training Center, 1501 S. Edgewood Street, Suite L, Baltimore, MD 21227

**Purchase Order:** Send to Monay Walton (see above address). You will be invoiced for the conference fee.

**Electronic Payment:** Electronic payment must be sent to Behavioral Health System Baltimore

As an accredited academic institution, the University of Maryland School of Medicine's Training Center is an approved sponsor of the Maryland Board of Social Work Examiners for 6.0 Continuing Education credits (Category 1) for licensed social workers in Maryland; as a sponsor of 6.0 Continuing Education (CE) acceptable to the Maryland Board of Examiners of Psychologists; and 6.0 Continuing Education Units (Category A) by the Board of Professional Counselors and Therapists; and the Maryland Addiction and Behavioral-health Professionals Certification Board for 6.0 Continuing Education Units for Recovery Peer Specialists upon completion of this training and a completed evaluation. The Training Center maintains responsibility for this program. A Certificate of Attendance will be made available for all other disciplines.

**Sponsored by:** Maryland Department of Health, Behavioral Health Administration, The Governor's Commission on Suicide Prevention, University of Maryland School of Medicine Training Center



**HOWARD COUNTY  
HEALTH DEPARTMENT**

**Promote. Preserve. Protect.**

## **TALK SAVES LIVES™: AN INTRODUCTION TO SUICIDE PREVENTION**

A community-based presentation that covers the general scope of suicide, the research on prevention, & what people can do to fight suicide.

Learn what suicide is, who it affects, what we know about it, & what can be done to prevent it.

**Register for October 4th, 2019:**

<https://forms.gle/Tnso5FXfb9uvyPTcA>

Bring your lunch & join  
us for:

October 4th, 2019

**Lunch & Learn**

12:00 PM – 1:00 PM

**Barton A/B**

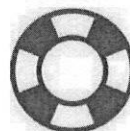
**Conference Room**

**Early registration  
encouraged!**

**It's OK to Ask**

[www.teenhealthmatters.org](http://www.teenhealthmatters.org)

**Sponsored by:**



**American  
Foundation  
for Suicide  
Prevention**

Howard County Health Department  
Bureau of Behavioral Health  
8930 Stanford Boulevard  
Columbia, MD 21045  
Phone: (410) 313-6202

Kayla Blasher  
Youth Suicide Prevention Coordinator  
Phone: (410) 313-6240  
Fax: (410) 313-7316  
[kblasher@howardcountymd.gov](mailto:kblasher@howardcountymd.gov)

**Visit [hchealth.org](http://hchealth.org) or call 410.313.6300 for more information.**







Providers  
Clinical Support  
System

# Half & Half MAT Waiver Training

For Buprenorphine Medication-Assisted Treatment  
*Presented by Christopher Welsh, MD*

**Wednesday, October 9, 2019**  
**7:30 am – 12:00 pm**

7:30 am – 8 am: Registration & Breakfast  
8 am – 12 pm: Training

**Register here:**

<https://halfandhalfmatwaiver.eventbrite.com>

Doordan Institute  
2000 Medical Parkway  
Belcher Pavilion, 7th Floor  
Annapolis, MD 21401

**FREE!**

The 8-hour waiver training is offered in a 'half and half' format: 4 hours of in-person training followed by 4 hours of online training through PCSS-MAT. Upon completion of the required training, providers will meet the requirement of the DATA 2000 to apply for a waiver to prescribe buprenorphine.

Physicians are required to complete the standardized buprenorphine waiver 8-hour training.

Nurse Practitioners (NPs) and Physician Assistants (PAs) are required to complete the standardized buprenorphine waiver 8-hour training as well as an additional 16 hours of online training as established by the Comprehensive Addiction and Recovery Act (CARA) which can be found here:

<https://pcssnow.org/medication-assisted-treatment/>

## Accreditation

### Live portion

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP) for up to 4 AAFP Prescribed CME credits. Determination of credit is pending.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as Category 1.

### Online portion

In support of improving patient care, American Academy of Addiction Psychiatry is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), the American Nurses Credentialing Center (ANCC), the American Academy of PAs (AAPA), American Psychological Association (APA) and Association for Social Work Boards (ASWB) to provide continuing education for the healthcare team. For details on accreditation, visit the registration page.

**MACS**

Maryland Addiction Consultation Services



## Questions?

Contact Tracy Sommer:

[tsommer@som.umaryland.edu](mailto:tsommer@som.umaryland.edu)

American Academy of Addiction Psychiatry (AAAP) is the Data Sponsor for this training.

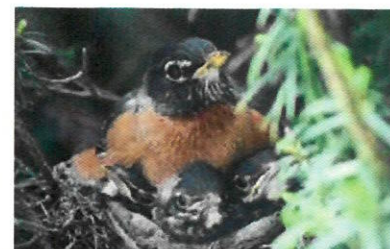
Funding for this initiative was made possible (in part) by grant no. 5U79T026556 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



# INFANT & EARLY CHILDHOOD MENTAL HEALTH

## Certificate Program

A project of the Taghi Modarressi Center for Infant Study, in partnership with Howard County ECAC and Howard County Office of Children and Families



### LOCATION :

9830 Patuxent Woods Drive

Columbia, MD

Free Parking Available

Registration begins at 8:30

Trainings are 9:00 - 5:00

(Coffee & lunch provided)

### Setting the Stage for IECMH

October 11, 2019

### Assessment & Diagnosis Part I

November 8, 2019

### Assessment & Diagnosis Part II

December 13, 2019

### Engaging Families

### & Communities in IECMH

January 10, 2020

### Treatment of

### Parent-Child Relationships

February 14, 2019

### Treatment of Regulation

### Problems in Early Childhood

March 13, 2019

### Treatment of Trauma in Early

### Childhood

April 3, 2019

### Integrating IECMH into Child

### & Family Systems

May 8, 2019

### ABOUT INFANT & EARLY CHILDHOOD MENTAL HEALTH (IECMH):

Infant and early childhood mental health (IECMH) is a broad-based, interdisciplinary field that focuses on the social and emotional development and well-being of infants and young children within the context of their early relationships, family, community and culture. IECMH is a family-centered, trauma-informed, strengths and outcomes-based collaborative approach.

Our certificate program aims to advance the quality of mental health services for infants and young children in the context of their earliest relationships. Participants have the opportunity to learn directly from faculty and leaders in the field of infant and early childhood mental health from Kennedy Krieger Institute, Georgetown University, Johns Hopkins University & the University of Maryland.

Recent research has found that experiences in a child's first three years significantly influence a child's ability to learn, cope and establish healthy relationships throughout life. Research has also identified factors that put infants at risk and has demonstrated the effectiveness of early intervention with infants and toddlers as well as the importance of working to develop the capacities of caregivers and their families.

### WHO ATTENDS?

This certificate program is designed for a broad range of masters-level, front-line service providers, supervisors and agency leadership, working in a variety of community- based and institutional settings, including:

- Child Protection, Welfare & Foster Care
- Workers and Administrators
- Early Childhood Educators
- Early Interventionists (OTs, PTs, SLPs)
- Mental Health Providers (including counselors, social workers, psychologists, psychiatrists & NPs)
- Primary Care Providers

**Tuition:**

**\$1,600**

**Earn 52 CEUs**

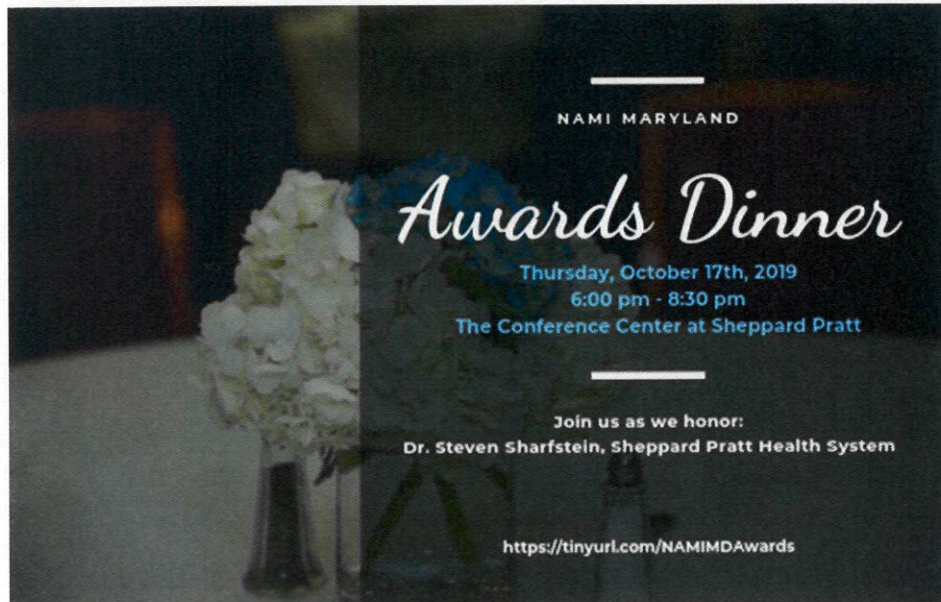
For licensed social workers,  
counselors and psychologists

For more information or to apply contact Kay Connors at 410-706-3216 or [kconnors@som.umaryland.edu](mailto:kconnors@som.umaryland.edu).

Applicants will be selected on the basis of their work history and commitment to the field. Priority application deadline is

September 20, 2019 We will continue to accept applications after the deadline if space is available.





## We Cordially Invite You...

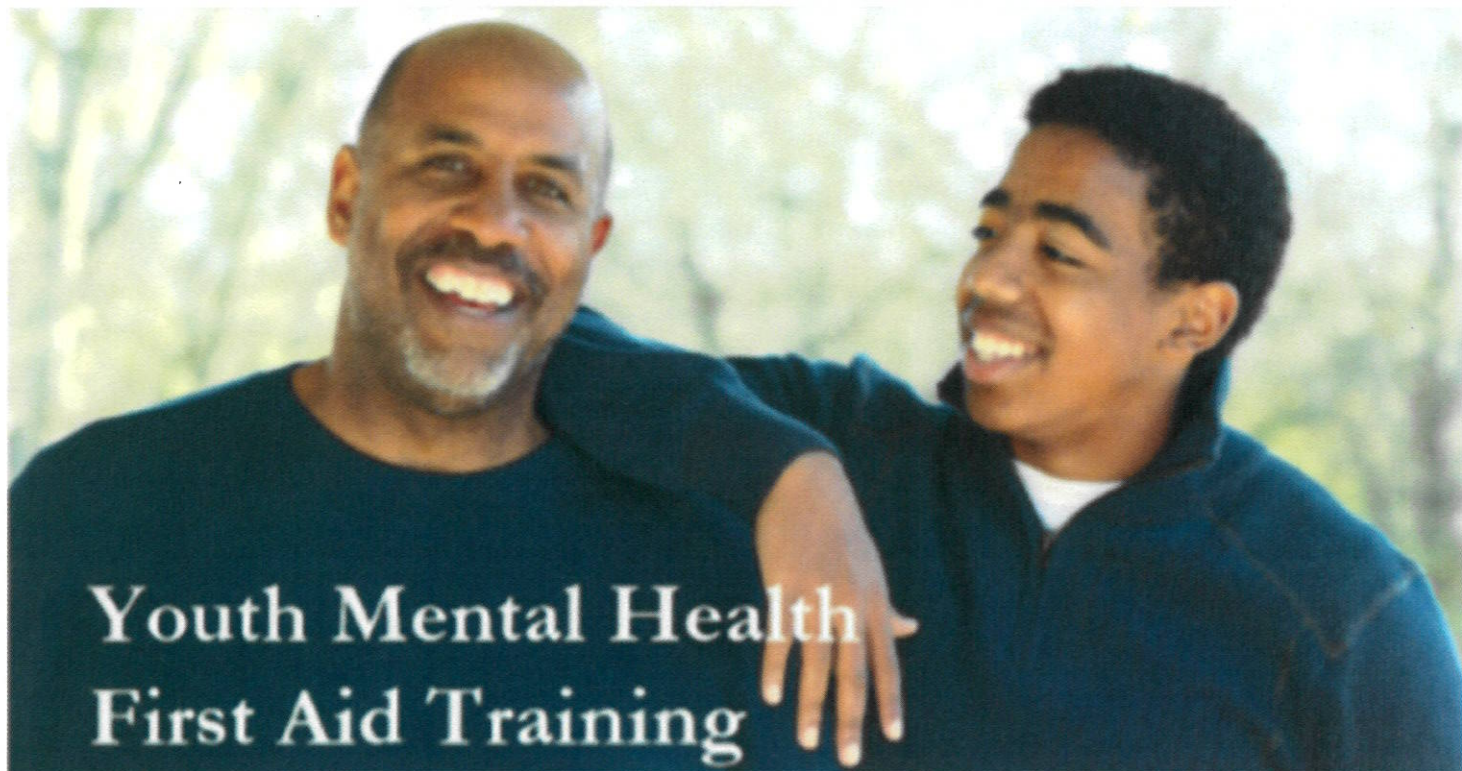
**October 17th, 2019 | 6:00 pm - 8:30 pm**

The night before the conference, we will also be holding our Annual Awards Dinner at the Conference Center at Sheppard Pratt on October 17, 2019. Festivities will include live music from jazz trio "[No Strings Attached](#)", hors d'oeuvres, and a scrumptious dinner.

**We will present the Royal Riddick Lifetime Achievement Award to Dr. Steven Sharfstein of Sheppard Pratt Health System** for his incredible work in mental health. We will also present the Iris Outstanding Community Partner Award to an organization that has utilized its talents to raise awareness for mental health throughout the state. We invite you to join us for this spectacular event.

## [Register Now!](#)

**Sponsorship and advertisement opportunities are available!**  
**Click [HERE](#) for more information.**



## Youth Mental Health First Aid Training

**Friday, Oct. 18 | 8:30 a.m.-5 p.m.  
HCGH IC Conference Room | FREE**

Sometimes first aid isn't a bandage or CPR. Sometimes, first aid is **YOU**. A young person you know could be experiencing a mental health or substance use problem. Learn an action plan to help.

You must be age 18 and older to attend.

Training is highly recommended for those who regularly have contact with young people between the ages of 12 -18, including:

- Teachers
- Coaches
- Social workers
- Faith Leaders and
- Other caring citizens

Take the training. Save a life.  
**Strengthen your community.**



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**Register today at [hcgh.org/events](http://hcgh.org/events) | 410-720-7601**





## Early-Bird Registration Now Open for the 2019 NAMI Maryland Annual Conference!

The NAMI Maryland Annual Conference is scheduled to take place at the **Conference Center at Sheppard Pratt on October 18 and 19, 2019.**

This conference is about hope, ideas, and gaining new skills. Here's your chance to learn about the latest research, discover resources that you may not have known were there, develop a talent for advocacy, and foster a better understanding of issues relating to mental illness.

This two-day conference is attended by a diverse group of decision makers and stakeholders. Its schedule consists of plenary sessions that attract **national and state decision-makers as well as activists**. It contains a wide variety of workshops that are practical, skill-building sessions tailored for specific audiences, including local NAMI affiliate leaders, service providers, researchers, individuals with mental illness and their family members, and individuals working in criminal justice, social services, health, and veterans affairs.

Click [HERE](#) for the Annual Conference website!

**Sponsorship and advertisement opportunities are available!**

Click [HERE](#) for more information.



## Registration Now Open for NAMI Homefront Online!

NAMI Homefront is a free, six-session class for family, friends, and significant others of Military Service Members and Veterans. This class helps families comprehend what the Military Service Member/Veteran is experiencing related to trauma, combat stress, civilian life, PTSD, and other mental health conditions. Topics covered include mental health, communication, handling crises, treatment, and recovery.

We understand that attending an in-person class can be difficult for busy individuals and families, which is why NAMI Homefront is now available online! These online classes meet weekly in a virtual classroom so participants experience the same level of interaction and learning as a traditional in-person class. [\*\*Register now!\*\*](#)

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